



Patient Name: Patient Aasample Date of Birth: 1972-05-02
 Referring Professional: Dr. S. French Assessment Date: 2009-11-13
 Assessing Clinician: Richard Bosch

Dear Patient,

Thank you for visiting Stride Orthopaedics & Footwear for a biomechanical assessment. Stride Orthopaedics & Footwear is proud to be Thunder Bay's locally owned, independent Pedorthic Clinic. Below is the summary of your assessment and treatment program.

You may need to submit this document, our invoice, and your original prescription to your extended health care plan as part of your benefit submission. Please check on these requirements prior to submitting your claim.

Foot Alignment					
	Hind foot	Midfoot	Hallux	Forefoot	Arch Height
Right	Valgus		Valgus		
Left	Valgus		Valgus		

Functional Tests				
	Hallux Function	Heel Raise	1/2 Squat	Trendelenberg
Right				
Left				

Foot Range of Motion					
	Ankle	Subtalar	Midtarsal	First Ray	Hallux
Right	Normal				
Left	Normal				

Muscle Function								
	Gastroc.	Tib. Post.	Tib. Ant.	Peroneal	Glut. Med.	Hip Flex.	Hamstring	Quads
Right								
Left								

Gait Assessment						
	Head	Shoulders	Hips	Knee	Heel Raise	Toe Off
Right	Level	Level	Level	Varus		Neutral
Left	Level	Level	Level	Varus		Neutral

Significant Clinical Observations:

Palpation of plantar fascia and posterior tibialis elicit pain. New area of callusing noted sub 5th MT bilat.

Treatment Plan

Footwear Recommendations:	I have recommended that certain shoes be replaced. I have discussed footwear that has Supportive sandal, Motion Control, Good forefoot rocker Stiff shank, Increased cushioning
Orthotic Recommendations:	For Daily wear
Orthotic Goal:	Control Overpronation, Provide shock absorption, Unload high pressure areas

If you have any questions or concerns, contact me at (807)344-9608

Remember that you are a major partner in the success of your treatment plan. Regular use of your foot orthoses, compliance to the recommendations of your physician, pedorthist and other allied health care providers, and your feedback on what is or is not working will ensure a successful outcome.

Thank you.



Richard Bosch CPed(C) Reg. #145C